

## ComPlex 50 Plus™

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This information is not presented with the intention of diagnosing or prescribing, but is offered for informational purposes only. In the event that the information is used without a Physician's approval, the individual will be diagnosing for himself. No responsibility is assumed and no guarantees of any kind are made for the performances or effectiveness of the items mentioned in this guide. All should seek a professional's advice before diagnosing for themselves.

**Grape Seed (Biovin Plus™ ) Proanthocyanidins Extract:** Proanthocyanidins, commonly referred to as pycnogenol, (natural plant constituents found in abundance in Italian grape seed) have impressive antioxidant properties and are considered substantially more effective than either vitamin C or E in scavenging free radicals. Pycnogenol can be extracted from grape seeds and is especially good for vision problems, nerve inflammations, water retention, and cardiovascular conditions. Grape Seed compounds have the ability to stabilize collagen and retard skin aging. Recommended for free radical protection, helps Bell's palsy, diabetes, skin aging, bursitis, ulcers, eyesight, cancer, heart disease, arteriosclerosis, multiple sclerosis, colds and flu, prostate disease, lupus, psoriasis, arthritis, senile dementia, stroke, and Parkinson's disease.

**Grape Skin (Biovin Plus™ ) Anthocyanin Complex Extract**—Anthocyanin are also natural plant constituents found in Italian Grape skin, and are very powerful antioxidants, as well, and work much like the Grape seed as impressive free radical scavengers.

**Glutathione** a very potent antioxidant derived from phytochemicals which are various organic substances which occur naturally in plants and are essential for the continuation of normal life function.

**Grapefruit, Lemon, Lime, Orange Bioflavonoid Complex**—Natural plant components which strengthen and protect living tissue. The bioflavonoids derived from these specific fruits are very high in vitamins A, B, C, E, Calcium, which are an excellent source of antioxidants essential to the body for growth, maintenance, and repair. Also helps to protect the body against disease and infection.

**Quercitin** A bioflavonoid found in grapefruit, known to improve immune competency. Bioflavonoids are very essential components required by the body to strengthen, maintain, and repair living tissue and they must be supplied in the diet.

**ComPlex 50 Plus™ contains** no starches, salt, artificial flavors or colors, waxes, yeast, lactose, corn, or wheat.

### Frequently asked questions about ComPlex 50 Plus:

What are antioxidants?

Antioxidants are nutritive enzymes found in fruits and vegetables. They occur naturally in the form of bioflavonoids. Since antioxidants are not produced by the body's own mechanism, we must get them from our diet. We need antioxidants to eliminate destructive free radicals from our system and also to boost our immune system function.

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Since research findings from the U.S. and around the world have surfaced, individuals of all ages and life styles have increased their intake of certain foods known to be rich in antioxidants, while taking supplements rich in vitamins C, E and other “Free Radical” scavengers.

### What is a “Free-Radicals” and how does it relate to our over-all health and well-being?

Free Radicals are a part of everyday life and are not going to just go away. For example, when you see an apple turn brown or a banana with brown spots after exposure to the air, that is free radicals at work. It is called oxidation and is a normal process that occurs in all-living things.

In the human body, however, the over production of free-radicals causes damage to cells and tissue which proves to be dangerous and undesirable as well. This unfortunately, is a natural biological process, which may be described as simply aging, “You know you are getting older”. Well now the good news. We can help stop this process by supplementing our diets with antioxidants.

Unlike many other nutritional antioxidants, pycnogenols cross the “Blood Brain Barrier” to provide direct protection to the central nervous system, giving this remarkable substance an important, possible role to play in the treatment of diseases and disorders involving mental deterioration.

### What benefits are obtained from taking pycnogenols?

Lowers cholesterol and reduces plaque buildup in the bloodstream; Passes the blood-brain barrier to provide protection and healing to the central nervous system; Inhibits fluid retention; Reduces inflammation of the joints associated with arthritis; Strengthens blood vessels, arteries, veins, and red blood cells; Controls asthma, hay fever, and allergies by inhibiting histamine production; Prevents deterioration of the liver; Strengthens retinas and helps prevent cataracts; Boosts the immune system.

Pycnogenols, with high levels of “proanthocyanins,” can help treat many diseases and disorders. Helps with age spots, aging, allergies, Alzheimer’s disease, angina, arthritis, asthma, arteriosclerosis, bleeding gums, internal bleeding, bruises, cancer, cataracts, circulation problems, cold feet, diabetes, dry skin, edema, fatigue, hay fever, heart attacks, hemorrhoids, hypertension, inflamed tissue, jet lag, kidney damage, liver damage, male sexual inadequacy, memory loss, menstrual disorders, migraine headaches, Multiple Sclerosis, night blindness, Parkinson’s disease, phlebitis, poor circulation, prostate problems, psoriasis, respiratory problems, retinopathy, rheumatism, senility, skin cancers, varicose veins, wrinkling of the skin, and the list goes on and on.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.
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