

# Super ForceONE

## “go green”

**Ephedra** Known to help suppress appetite and help the body burn fat more efficiently. Also known to increase the basal metabolic rate (thermogenesis), thereby increasing its effect on energy. Ephedra has been traditionally used for a variety of medicinal purposes, including treatment of asthma, hay fever, the common cold and used as a decongestant, allergies and sinus problems ...dilates the bronchial tubes for several hours.

**Citrus Aurantium** (also known as bitter orange, seville orange and synephrine) Citrus Aurantium is a well-known bronchial dilator, and is used medically to treat chest congestion and indigestion, stimulate gastrointestinal functions, and improve circulatory and liver functions. It's regularly used in combination with diet pills and weight loss formulas. It's also used as a substitute for ephedrine and caffeine, since it increases the metabolic rate without affecting heart rate or blood pressure. Thus, causing thermogenesis, which burns calories. It offers all the advantages of a stimulant, without the drawbacks. It functions to burn fat, increase physical performance, and build lean muscle mass.

**Acacia Rigidula** Acacia Rigidula is a rare, natural compound that consists of several different alkaloids that provide a source of norepinephrine. The alkaloids from the Acacia Rigidula are biologically and physiologically similar to those found in ephedra and possess properties that are shared with ephedra alkaloids. One such property is the ability to pass readily into the brain. The most powerful of these alkaloids is phenylethylamine. It is responsible for effects on mood, appetite and sense of well-being. It is one of the strongest and most effective thyroid stimulating compounds in the world. It has the ability to increase the metabolic rate by stimulating your thyroid gland and inducing a powerful thermogenic effect through the conversion of fats into heat. This compound is truly a scientific breakthrough in the world of fat loss and fat burning.

**Phenylethylamine HCL** Commonly referred to as the “love drug” because of its effect on beta endorphins, an opioid peptide responsible for pleasurable feelings. It's also the chemical found in chocolate giving it its well known aphrodisiac effects.

**Theobroma CoCoo** a small tree that produces cocoa pods that are fermented and after a long process, packed and sold as chocolate products. The flavanols found in these cocoa pods have been proven in studies to have positive effects on vascular health. In addition, recent research has found improvements in blood circulation and the ability of arteries to dilate, a decrease in body's inflammatory immune response and oxidation of LDL cholesterol. Cocoa is believed to surpass even garlic as a protective antioxidant food. And, it just tastes so darn good!

**Green Tea Extract** green tea itself has been the drink of choice for centuries in many Asian countries. It contains chemical compounds called polyphenols, specifically the epigallocatechin (EGCG), which act as powerful antioxidants. These antioxidants neutralize destructive free radicals (that can lead to cancer) and support cardiovascular health by preventing the oxidation of cholesterol. This helps to maintain the integrity of arterial cell walls. Using tea extracts allows for standardization of polyphenol content; the assurance that a consistent concentration of these compounds is in each dose.

**Yohimbe** Yohimbine is found in the inner bark of a tree that grows in southern Africa. It has long been known for its aphrodisiac effects, but is now more commonly used for the treatment of obesity and erectile dysfunction in animals. It has appetite suppressant qualities, which would decrease overall energy intake in those lean and obese who take it. Yohimbine works by blocking the alpha-2 adrenoreceptors. This is important because it increases blood flow in adipose tissue, which prevents fat from being retained in that area. The stubborn fatty areas for men and women are where you will find an abundance of alpha-2 receptors, making it particularly effective in these areas.

**Yohimatrix™** is the name given to the blend of yohimbe compounds that is used to potentiate the effect of the Super ForceONE “go green.” Yohimbe has been around for a long time and it is clear that “good”

yohimbe - works!! In the product Super ForceONE “go green,” there are three very specific forms of yohimbe that have been combined in specific ratios ...making this the “shotgun” effect of the three different chemical preparations created an uptake and utilization synergy never attained from yohimbe extracts until this discovery.

**Naringen** a citrus flavanoid commonly found in grapefruit. There is some evidence that the effects and levels of caffeine can be extended when consumed with naringen, making it great as an addition to any fat burner, since 99% of all fat burners contain caffeine or a derivative of. Who wouldn't want to improve and extend the effects of such a powerful ingredient if they could? Lastly, cholesterol-lowering effects have also been seen.

**White Willow Bark Extract (salicin)** which the body converts to salicylic acid when ingested. This active ingredient has a synergistic effect when combined with Ephedra to promote the thermogenic process. Thermogenesis is the rapid conversion of the food we digest into heat before the calories can be stored as fat. Aspirin (today's version of salicylic acid) is very similar, actually made from a different salicin-containing herb, but works in the same way. Salicin has the same pain relieving medicinal effects as aspirin, but doesn't have the common side effects of today's aspirin (GI bleeding and discomfort). It has been shown to be an effective addition to widely used herbal weight-loss supplements.

**Evodiamine** a bioactive alkaloid extract from a plant called evodiae Fructus. It is found in many weight loss products. It is known to produce a stimulating and thermogenic effect, which warms the body's inner core to a point where fat and water weight are burned. It has been found to be very effective for weight loss and adding that extra energy boost for workouts.

**Caffeine** found in varying quantities in beans, leaves, and the fruit of over 60 plants. It is most commonly consumed by humans in coffee and tea, as well as various foods and drinks containing products derived from the kola nut, yerba mate and guarana berries. It is a central nervous system stimulant, having the effect of temporarily warding off drowsiness, and restoring alertness. It is highly effective as a thermogenic for weight loss and improving performance when working out.